



CARAVAN PRESS



this issue:

From the Editor	P2
Toronto FC August Sweepstakes	P3
Canada's Wonderland August 28	P4
Drivers & Photographs of the Month	P5
Summer / Fall Driver Appreciation	P6
Welcome to Oakville Naturopathic	P7
Spotlighting a Driver	P8



from the
Editor



Earlier this spring, after years of filing permits and red tape, Caravan was given the okay to repave the yard in Vaudreuil, and construction on the property began by June.

If you have passed through the Quebec terminal you would have witnessed the recent changes in the yard.

Come winter 2016, the yard will be paved over and expanded as planned.

Please bear with us as these growing pains will allow us to expand and better serve you, our drivers.

Drive Safe and Keep On Trucking!

Since 1997, we have watched Caravan grow from a tiny office space in Mississauga to a large-scale, regional operation, with terminals across Canada, hundreds of trucks and trailers, staff and drivers moving the wheels on this transport company.

With growth, there will always be pain. But without growth, there is no moving forward, there is no evolution.

Years ago, we announced the addition of the new terminal in Vaudreuil-Dorion, Quebec. In past driver surveys, the most prevalent request was to improve the condition of the yard in Quebec.

The unpaved areas of the lot proved difficult for drivers to maneuver in the snow, and also during the rainy season when the grounds became muddy.



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Toronto FC Box Seats



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**10 Drivers will be eligible to win and attend the event.
The following is the criteria for how the selections will be made:**

- 3 drivers raffled with min. score of 90 in the Performance Bonus program**
- 1 Driver of the Month raffled from January's to August's winners**
- 1 city driver from AB, ON, QC chosen at the discretion of management**
- 3 drivers raffled from the top 10 miles for the month of August**

*** Safety Department has the option to overrule a driver's attendance based on the driver's safety file ***

*** Results will be communicated by September 15, 2016 ***

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caravangroup.com



Sunday August 28th, Caravan Does Wonderland



Caravan's 19th Anniversary is coming up on August 27 2016, and in celebration, we have booked a day pass at Canada's Wonderland, coach bus, and buffet lunch for staff, drivers, and their family members on Sunday August 28th.

The \$50 fee per person includes the bus transport to and from the terminal, the buffet luncheon at the **Backlot Cafe** located in the **Action Zone**, Wonderland at **3:30pm**, and pass to gain entry to any of the rides or waterparks facilities at Canada's Wonderland

The coach bus will be picking up attendees from our 2284 Wyecroft Road, Oakville location at 9am, and departing from Wonderland at 10pm.

Drivers and staff are welcome to email info@caravangroup.com to reserve their place on the coach bus and secure passes for family members who are interested.

Drivers from all terminals are eligible to participate! If you happen to be passing through Oakville on the August 27/28 weekend and would like to join, please do not hesitate to reach out to info@caravangroup.com email, or ask your DM to contact Alain (ext 222) or Ola (ext 256) with the names of the people who will attend, and whether or not they will be taking the bus from Wyecroft.

Bring your kids, bring your friends, and enjoy an afternoon of fun in the sun and rides!
- Management

**** Backlot Café All-You-Can-Eat Meal & Admission Combo Ticket**

Includes admission to the Park and an All-You-Can-Eat Meal at Backlot Café Restaurant

Menu includes: Grilled Chicken Breast, Pulled Pork, Signature Hamburgers or Sliders, Choice of (1) Baked, Garlic Mashed or Scallop Potato, Corn on the Cob, Caesar Salad, Tuscan Bean Salad, Crispy Coleslaw, Hot & cold Beverages, Choice of (1) Ice Cream Cups, Large Chocolate Chip Cookies, or Vanilla/Chocolate Sheet Cake



Drivers & Photograph of the Month



April

Mukhtiar Dhadda



May

Alex Gershenovich

9000+ miles in the month (city)

Always on-time

Great attitude



June

Gerald Cooper

Denzil Chamberland



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*"I can see my house from here."
Photographs by Jeff Wahlman
August Facebook Photo Contest Winner*



Summer / Fall

Driver Appreciation Aug 31 & Sep 28



Our monthly summer Driver Appreciation Barbeque will occur again at our Oakville terminal on Wednesday August 31.

Any drivers who are passing through the Oakville terminal and who have an appetite are welcome to join between 11:30am and 2:30pm on Wednesday August 31st.

In addition to Driver Appreciation Barbeques being held in Oakville, there will be additional Driver Appreciation Barbeques held at our Vaudreuil terminal in Quebec. We've held off announcing any events in Quebec due to the yard construction limiting access to the area.

Wednesday September 28th there will be a Driver Appreciation Barbeque at the Vaudreuil terminal.

Please do not be shy, and make sure to come out to the luncheon events if you happen to be passing through. We don't want you to leave without at least a snack or beverage.

There will be Vegetarian and also Halal options available, just let the person grilling know which you would prefer in place of the traditional sausage or beef burger options. A separate grill will be used for these special items.

Caravan extends a warm thank you to both Sheehan's Truck Centre Inc., and Metro Freightliner for taking turns, and donating their time and their grill-masters for every barbeque event we've put on.

Eat well & have a great summer!



Welcome to Oakville Naturopathic Wellness Centre!



We are a multidisciplinary facility, designed to accommodate all of your health & wellness needs. All under one roof! Our beautiful facility offers a spa-like atmosphere to ensure you feel calm and relaxed as soon as you enter the door.

Now we understand it can be difficult to know where to start, so we want to make it easy for you... Our practitioners work as a team to guarantee the absolute best service for you and your individual needs. They would like to offer you a 15 minute complimentary consultation to meet you, get to know you a bit and see if they're the right person for you!

Below is a list of services we offer....all you have to do is pick the ones that interest you the most, give us a call, and we'll get you booked in for a free consult as quickly as we can.

- o Naturopathic Medicine
- o Osteopathy
- o Massage Therapy
- o Personal Training
- o Holistic Nutrition
- o Nutritional Counseling
- o Weight Loss
- o Yoga / Fitness
- o Allergy/Food sensitivity testing
- o Kinesiology
- o Counseling
- o Bioidentical Hormones
- o Acupuncture
- o Infrared Sauna
- o Live Blood Microscopy



Call today and book an appointment to start the exciting journey
of achieving your health & wellness goals!

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spot- lighting KEVIN BOUDREAU



What made you get into trucking?

My dad was a driver so it must be in our blood.

If you could change something about Caravan, what would it be?

Everything is pretty good. Longer runs I guess.

What is the coolest wildlife you've seen on the road?

Out in Arizona I saw two huge wolves. The scary thing is they were actually pretty close to a couple of drivers

What is something interesting that you do with your spare time?

I go into Arm Wrestling competitions every year.



What's your favorite place to go?

Anywhere out west. Colorado is great because of the mountains. So is western Canada.

What advice would you give to someone entering the industry?

Spend more time driving, less time being interviewed...